New NCAA Drug Exception Policy – ADD/ADHD Medications

Dear Parents/Guardians: The NCAA created a new policy last year on Medical Exceptions during drug testing for those athletes using prescription, banned drugs to treat ADD/ADHD. In order for a student athlete to be granted a medical exception for the use of a medication that appears on the banned substance list, the student athlete must do the following:

1. The student-athlete's physician must document that alternative medications that are not on the NCAA Banned substance list have been considered.

2. The student-athlete must declare the use of the banned medication to the Bradley Sports Medicine Staff.

3. The student-athlete in conjunction with their physician must present documentation of the diagnosis of their condition to the Athletic Training Room at the start of the school year, or as soon as diagnosed.

4. The student-athlete must provide documentation to the Athletic Training Room from the prescribing physician explaining the course of treatment **and** the current prescription for the medication.

****Ritalin and Adderall are two of the most common medications that appear on the NCAA banned substance****

If you have any questions please contact the Bradley Sports Medicine Staff at (309) 677-2688.